

www.westonskiteam.com

Time Investment

1. Monday - Thursday: Team members must always be available to practice or race every Monday - Thursday. **Weather often causes schedule changes.**
2. Saturdays/Sundays: 4-5 mandatory full day mountain practices (dates to be determined)
3. Dry Land Training: Begins November 30, 2:40 - 4:40pm, Monday - Friday
4. Mountain Practices:
 - a. Begin as soon as possible and will be held at one of the following ski areas: Catamount (NY), Holiday Mtn (NY), Mohawk Mtn (CT), Powder Ridge (CT), Mt. Southington (CT), Mtn Creek (NJ), Ski Sundown (CT)
 - b. Practice time including bus ride, approximately 2:40 - 9:00pm
5. Races:
 - a. January 4 through mid March
 - b. 5 regular season races at Mt. Southington
 - c. Race time including bus ride, approximately 1:30 - 8:30pm
 - d. State Championships held in early March at Mt. Southington
 - e. Connecticut State Team:
 1. CT Interscholastic Ski League chooses top 10 girls & top 10 boys in CT with 2 qualifying races held in early February
 2. Team CT travels to New England Championships in March
6. Team Dinners: Before every race and our Smugglers' Notch Race Camp

Team Fees**Due no later than Nov 18**

1. **\$100** WHS Athletic User Fee (family cap \$400 per year)
Please make payment on www.myschoolbucks.com or by check to Weston High School and return with your consent forms to the Athletic Department.
2. **\$900** Ski Team Fund
 - a. Please make payment on www.myschoolbucks.com or by check to the WHS Ski Team.
 - b. Lift tickets: \$500 for the season, includes all mountain practices and races
 - c. Team Fee: \$400 racing league fees, specialized training equipment, GS racing suits, team jackets, additional bus costs and other operational costs

Training Rules

1. Use or possession of alcohol, tobacco, or any illegal drug is prohibited.
 - a. Any student suspected of/or found using these substances will be suspended for a minimum of two races and subjected to the WHS Athletic Training Rules.
 - b. Coaches, chaperones, and school officials have the right to search all bags.
2. All students are required to travel to and from all mountain practices and races on the team bus unless an Alternate Transportation Form has been filed with the Athletic Department.
3. Students must attend at least three full scheduled classes in order participate in practice or race for the day.

Violation of the above rules, or any conduct detrimental to the Ski Team (as determined by the coaching staff), will result in race suspension or dismissal from the team.

Coach Rich Fanning:	richfanning@optonline.net	203.222.7908
Coach Doug Hoffmann:	hoffmannbuilders@gmail.com	203.454.5949
Coach Corey Tolkin:	coreytolkin@gmail.com	203.613.1819

Attendance Policy and Absences

Attendance is required at all practices (including weekend practices), team meetings, team dinners and races.

- 1 An **excused** absence would be illness or an absence due to a school obligation involving a grade. A student may also be excused from a practice if they are race training with a mountain race team. The student must notify the coach no later than the night before to the absence.
- 2 An **unexcused** absence would include any absence without prior notification or anything involving flexibility such as work, doctor appointments, etc. A student with one unexcused absence will not race in the next race. A student with a second unexcused absence will be dismissed from the program.

Team Ranking

Team rank is calculated in the following manner in order to determine qualifications for Varsity and Junior Varsity credit:

- 1 Each racer receives a finish position relative to his/her teammates for each race throughout the season.
- 2 Any unacceptable absence will result in the racer being assessed one additional penalty equivalent to the number of racers on his/her team.
- 3 The finish positions will be averaged (the poorest finish is deleted), along with any penalty points assessed during the season for unexcused absences, to yield a final average finish position.
- 4 This average finish position for each racer is then compared to the average finish positions of the other racers on his/her team to determine final team placing .

Varsity and Junior Varsity Credit

Important: Racers are not eligible for Varsity or Junior Varsity credit if they have missed more than one regular season race.

- 1 In order to qualify for a Varsity position, a racer must place in the top 10 (or the top 60% if the team has less than 16 members when the final team positions are determined) of his/her respective team according to the final team placing.
- 2 For the purpose of this calculation only, team members who are not eligible for Varsity or Junior Varsity credit due to absences will not be counted as team members.
- 3 There may be instances when an athlete who has not accumulated the required points may qualify for a Varsity letter . This athlete will have proven himself on the mountain, worked hard at all given tasks, and have been a positive contributing member of the team. This decision will be made by the coaching staff and the Athletic Director, and we reserve the right to do so according to our own judgment. Thank you for your understanding.
- 4 All racers not eligible for Varsity credit will be considered for Junior Varsity or Freshman credit.

I, _____, have read, understood, and agree to abide by the above training rules, time commitment requirements, absence penalties, and team ranking rules.

Student Signature _____ Date _____

Parent/Guardian Name _____

Parent/Guardian Signature _____ Date _____